



Great Bear
Healthcare

Libra Lever Catheter Valve

User Guide

Hello..
We are Great Bear.

Dignity, Respect, Quality & Commitment.

Contents

Overview To The Libra Lever Catheter Valve	4
Is A Catheter Valve Right For Me?	5
How To Use The Libra Lever Catheter Valve	6
Overnight Link System	7
Key Tips And Troubleshooting	8
Importance Of Catheter Fixation	10
Ordering Through Nightingale	11

A UK Manufacturer committed to Urology.

Libra Lever Catheter Valve

With its easy to use opening and closing system, the Libra Lever Catheter Valve provides patients a secure, more comfortable and discreet alternative to a Drainage Bag.



This sterile, tap-like device has been designed to fit all urethral and suprapubic Catheters and Sheaths.

Libra Lever Catheter Valve - Prescription

Product Code	Description	Quantity	Pip Code
10540A	Libra Lever Catheter Valve – Lever Action Tap	5	342-9487

Confidence, Security & Comfort

Is a Catheter Valve right for me?

Catheter Valves are a suitable alternative to Drainage Bags where there is adequate bladder tone, capacity and sensations¹.

In addition the individual, or their carer, must be able to remember to operate the valve at a regular frequency to allow the bladder to drain. Failure to do so would lead to urinary retention that could cause infection.

If you are currently using a Drainage Bag, but would like to try a Catheter Valve as an alternative, it is recommended that you seek advice from your Healthcare Professional in the first instance.

¹ National Institute for Health and Clinical Excellence (NICE), 2012



How to use the Libra Lever Catheter Valve

- 1) Wash Hands.
- 2) Open peel pouch and remove Libra Lever Catheter Valve from its packaging.
- 3) Ensure the lever is in the closed position (Diagram 1).
- 4) Insert the ridged inlet connector into the end of the Indwelling Catheter or Sheath. Insert the connector fully to allow a secure connection.
- 5) Drain urine from the bladder at a frequency instructed by your Healthcare Professional.
- 6) To drain the bladder, push the lever action tap downwards (Diagram 2).
- 7) After emptying, wrap the valve with a tissue and pat a number of times before gently wiping around the inside of the valve. This will dislodge any residual urine.
- 8) Remember to close the tap after emptying (Diagram 1).
- 9) Wash hands.

Diagram 1

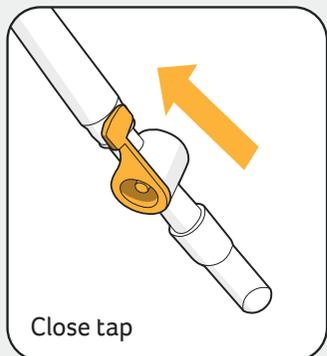
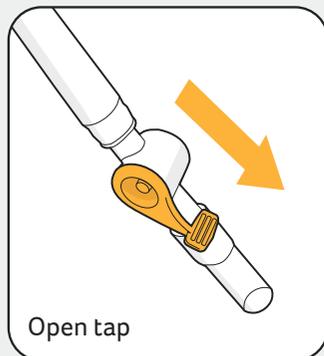


Diagram 2



Overnight Drainage

- 1) When you go to bed, do not disconnect your Catheter Valve from your Catheter or Sheath.
- 2) Insert the connector of your Night Bag to the silicone sleeve on your Catheter Valve. Insert the connector fully to allow a secure connection.
- 3) Before disconnecting the Night Bag in the morning, ensure the Catheter Valve tap is in the closed position (Diagram 1).
- 4) Do not reconnect a used Night Bag.
- 5) Wrap the valve with a tissue and pat a number of times before gently wiping around the inside of the valve. This will dislodge any residual urine.
- 6) Wash hands.



Key Tips for using a Libra Lever Catheter Valve

- Hygiene is of utmost importance when catheterised to prevent infection. Ensure you wash your hands thoroughly before and after handling your Libra Lever Catheter Valve. If someone else is handling your valve, whether that is a Relative, a Carer or Healthcare Professional, they must wash and dry their hands and wear a clean pair of gloves.
- Libra Lever Catheter Valves can be kept in situ for 5-7 days. Drainage Bags should only ever be disconnected from the valve when it needs changing.
- Used Catheter Valves can be disposed of with household waste. Disposable Black Bags are available on request through the Nightingale Home Delivery Service. **Do Not** flush your valve down the toilet.
- Keep Catheter Valves out of the reach of children – small components could pose a choking hazard.
- Ensure you do not touch the open end of either the Catheter or the Catheter Valve when connecting, emptying or changing the valve as this could lead to infection.



Troubleshooting

The valve keeps disconnecting from my Catheter?

Disconnection usually occurs when the connector on the Catheter Valve has not been sufficiently pushed into the Catheter. Ensure the ridged connector on the Libra Lever Catheter Valve is pushed in as far as possible to ensure a secure connection.

The tap on my valve keeps catching/accidentally opening – what can I do?

The tap on our Libra Lever Catheter Valve can be rotated 360° and positioned to prevent accidental opening.

The Catheter Valve leaks urine after I have closed the tap?

Residual urine can remain in the chamber of the valve and drip out after emptying the bladder. To prevent this, after emptying, wrap the valve with a tissue and pat a number of times before gently wiping around the inside of the valve. This should ensure any residual urine is displaced.

I'm not passing much urine when I open the valve?

If you are concerned that you are not passing enough urine, it is important that you contact your Healthcare Professional who will be able to check for blockages in the Catheter.



Importance of Catheter Fixation

"It is important to secure the Catheter after insertion to prevent movement and urethral traction"²

Proper securement is essential to prevent urethral trauma, pain and discomfort.

Do Not let your Catheter or Drainage Bag hang unsupported. If you are unsure give our customer care team a call who can arrange for samples of supportive devices to be sent to you to secure the Catheter in use.

2. EUAN. 2012



Continence Products available on Prescription

1. Call **Freephone 0800 318 559** or **02920 747 770**.
2. Please ensure you have your GP details to hand.
3. Tell us which products are required and how many.

That's all - We will do everything else!

Please make sure you have at least two weeks' supply in hand before re-ordering.

Complimentary items available:

- Hand Gels
- Radar Keys
- Wet & Dry Wipes
- Disposable Bags
- Night Stands
- Sponge Bag

Great Bear Healthcare Ltd

1 Lambourne Crescent,
Cardiff Business Park,
Cardiff, CF14 5GF

+44 (0)29 2074 7770

mail@gbhl.co.uk

www.greatbearhealthcare.co.uk